

The book was found

CHAKRA Centers Chart, Rainbow: Body-Mind-Spirit Connections



PDF **DOWNLOAD EBOOK**

Synopsis

8.5 x 11 in., 2-sided, laminated. The only vivid, full Rainbow coded and thorough Chart illustrating and describing the Mental, Emotional, Spiritual, and other qualities associated with the 7 Chakras. The most comprehensive chart available anywhere. This Inner Light Resources Chakra chart (and Inner Light's Reflexology, Aromatherapy, Iridology, and other charts) are used by massage schools, Reiki teachers and other healers across the U.S. and other countries for teaching and healing practices. Color illustrations make it easy to understand also for novices. Includes everything from A to Z- Gemstones, Musical notes, Foods, Planets, Aromatherapy Essential oils, Kabbala correlations, and much, much, more. Also includes leading-edge Addictions information associated with all of the Chakras. Also a visualization exercise and instructions with steps to clearing and balancing the Chakras. Additional illustrations of the body's and physical, mental, emotional, and causal electrical field layers and the higher self.

Book Information

Perfect Paperback: 2 pages

Publisher: Inner Light Resources, Inc. (November 20, 2006)

Language: English

ISBN-10: 1589243056

ISBN-13: 978-1589243057

Product Dimensions: 11 x 8.5 x 0.2 inches

Shipping Weight: 0.8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars [See all reviews](#) (144 customer reviews)

Best Sellers Rank: #3,396 in Books (See Top 100 in Books) #21 in [Books > Self-Help > Stress Management](#) #32 in [Books > Religion & Spirituality > Worship & Devotion](#) #90 in [Books > Health, Fitness & Dieting > Alternative Medicine](#)

Customer Reviews

I love this chart. Very nice Chakra chart which not only highlights the chakras and describes in pretty good detail for a chart, but also discusses issues that result from imbalance. Nice larger size. Very happy with this.

Easy to read and understand. The colors really help pull it all together. Everything I wanted to know was there and in an easy format.

Very helpful chart. The coloring of the chart is not simply cheerful and prompting one to look at it closely... it is part of the wonderful lesson. Highly Recommend this for anyone developing their spiritual side, or who meditates on a regular or spotty schedule because it has wonderful insights to offer to anyone to deepen their relationship with their Higher Self.....

I bought the hand and foot reflexology charts along with this one and I like them all, they are very easy to read and understand, they are convenient to look at quickly so that I don't need to search through one of my books when I need to look something up.

This gives a quick reminder and helps to memorize the core concepts. I can take this with me anywhere, so I use it when I teach meditation classes or as a quick reminder when my memory fails me!

Great double-sided infographic. I like that it's stiff, so I can prop it up and refer to it with ease. I'll probably give one to each of my Reiki students, too.

I received this as a gift and I like the bright colors and that it's a hard laminated object; like a restaurant menu. I also received Chakra stones, so they go together quite well for me. I don't have to worry about it wrinkling or anything when I need to put it away, under my pillow, or in the side of my couch as I'm cleansing, or meditating. I would recommend this to anyone, especially for the price.

[Download to continue reading...](#)

CHAKRA Centers Chart, Rainbow: Body-Mind-Spirit Connections Chakras for Beginners: An Idiot's Guide to Chakra Healing Chakra Energy and Chakra Balancing for Health, Wealth and Happiness (Chakra Healing, Chakra Balancing, Chakra Meditation Book 1) Chakra Tonics: Essential Elixirs For The Mind, Body, And Spirit Third Eye: Awakening Your Third Eye Chakra: Beginner's Guide (Third Eye, Third Eye Chakra, Third Eye Awakening, Chakras) Third Eye Awakening: The Ultimate Guide on How to Open Your Third Eye Chakra to Experience Higher Consciousness and a State of Enlightenment (Third Eye, Pineal Gland, Chakra, Kundalini) REIKI: From Beginner to Expert - Energy Healing Double Book Bundle (+Bonus!) - Ultimate Guide to Reiki Healing & Chakra Healing (Energy Healing, Chakras ... Beginners, Reiki Symbols, Chakra Balancing) Chakras: The Ultimate Guide to Chakra Meditation. Learn How to Meditate and How to Open Your 7 Chakras (chakras, chakra healing, 7 chakras) Chakra for Sex: Harnessing the Sexual Energy: Lessons, Poses and Exercises to Open up Your Sacred Chakra and Improve Your Sex Life: Sex Improvement, Book 2

BODY BUTTER: Homemade Body Butter Recipes - 30 DIY Body Butter Recipes For Softer, Healthier, And More Radiant Skin (Body Butter, Body Butter Recipes, natural remedies) Body Language: Body Language Training - Attract Women & Command Respect, by Mastering Your High Status Body Language (Body Language Attraction, Body Language ... Language Secrets, Nonverbal Communication) Caribbean Connections: The Dominican Republic (Caribbean Connections: Classroom Resources for Secondary Sch) Rainbow Warriors and the Golden Bow: Yoga Adventure for Children (Rainbow Warriors Yoga Series) Rainbow Magic #3: Azafr n, el hada amarilla: (Spanish language edition of Rainbow Magic #3: Sunny the Yellow Fairy) (Spanish Edition) Rainbow HAND Reflexology/ Acupressure Massage Chart How to Read a Nautical Chart, 2nd Edition (Includes ALL of Chart #1): A Complete Guide to Using and Understanding Electronic and Paper Charts Eastern Body, Western Mind: Psychology and the Chakra System As a Path to the Self Irritable Bowel Syndrome & the Mind-Body Brain-Gut Connection: 8 Steps for Living a Healthy Life with a Functiona (Mind-Body Connection) Detox The Body: How To Detox Your Body For Fast Weight Loss (detox health, juicing, cleanse, diet, plan, foods, eating, naturally, juice, body mind soul, essentials, drinks, guide, book) BODY LANGUAGE : Decoding Alpha Male Body Language, Instantly Attract Any Woman Without Saying a Single word. (Body Language 101, Alpha male, Attract woman, ... Seduce Women, Eye Contact, Body Language) Crystals and Gemstones: Healing The Body Naturally (Chakra Healing, Crystal Healing, Self Healing, Reiki Healing)

[Dmca](#)